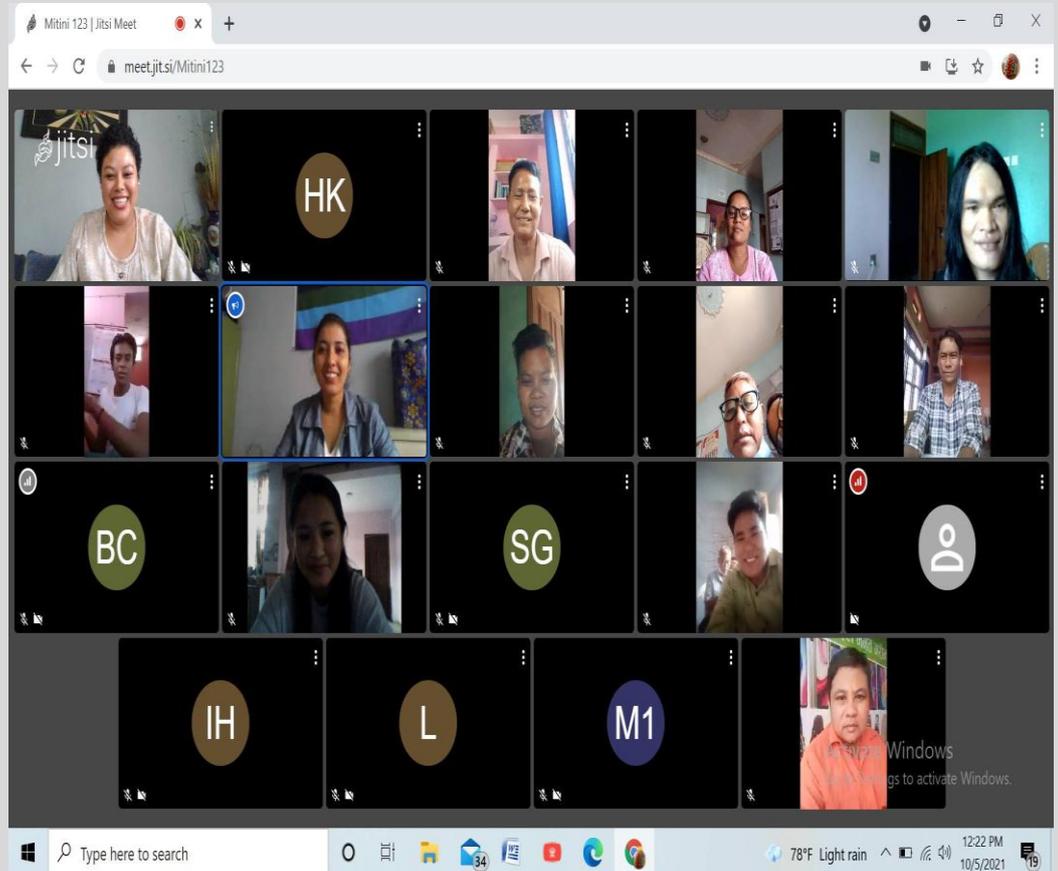


# NEWSLETTER

Mitini Nepal  
October 2021

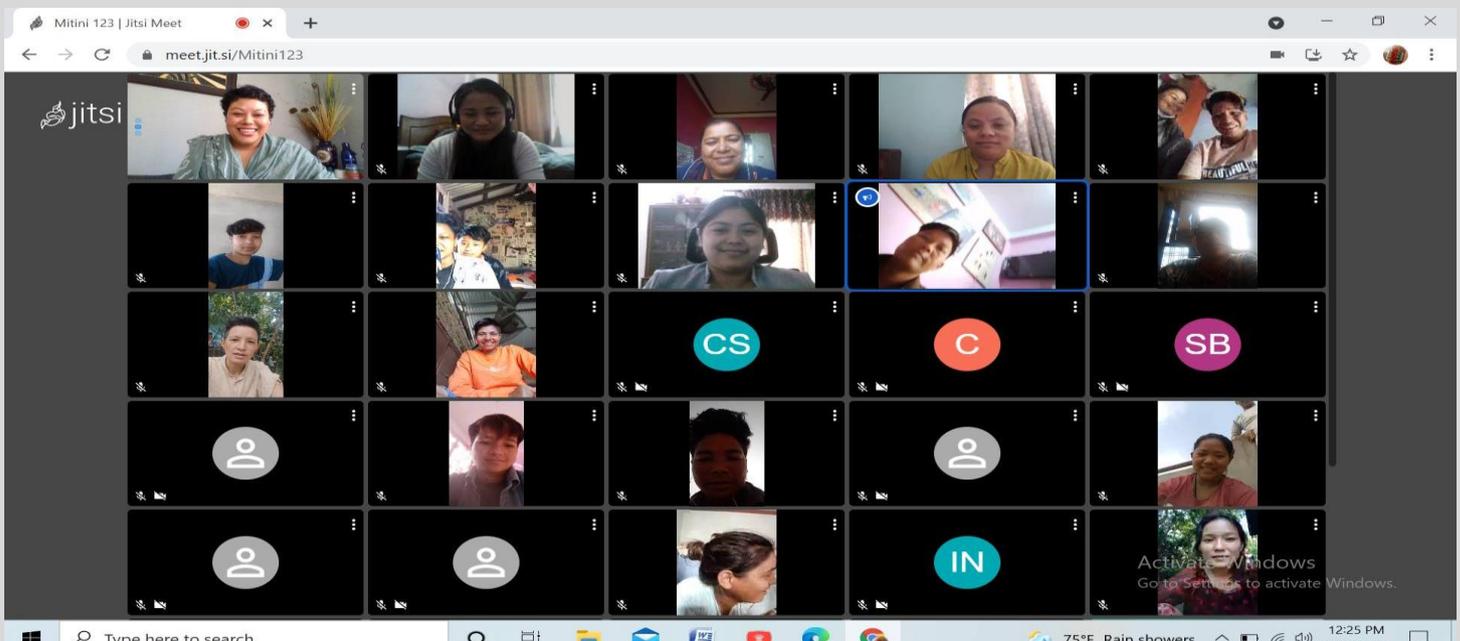
## Highlights

- Focus group discussion with 40+ LGBTI group
- Mental health training to LGBTIQ group and elected women representative
- Intimate partner Violence research validation workshop
- Mitini visits



## **Focus group discussion with 40+ LGBTI community (Virtually)**

A Focus group discussion with people from sexual and gender minorities above 40 years of age organized by Mitini Nepal has been completed through a virtual meeting through Jitsi Meet. The discussion program addresses whether the family has accepted the sexuality of individuals in the community, the influence of Covid 19 on the community, how they make a livelihood and what their present position is, and what is expected from stakeholders and the government. The emphasis was on the health of those over the age of 40 and the difficulties they are facing for health access. Mitini Nepal's Program Officer Nilam Dhungana conducted the focus group discussion program. 27 persons from Province 1, Bagmati Province, Lumbini Province, and Far Western Province participated in the discussion.



## Intimate partner violence research validation

Mitini Nepal with the support from the Foundation for Just a Society, held a Virtual Media Validation Workshop to better understand the benefits of the connection between lesbians, transgender men, and third gender males, as well as the existing situation of violence in intimate relationships. Researchers discussed the research objectives, method of study, social and demographic background of respondents, kinship and relationships, family acceptance, knowledge and prevalence of violence, causes and effects of violence, existing legal system and policy on violence, findings, and Power point with necessary suggestions were made to the concerned stakeholders.

## **Mental health training to LGBTIQ people and elected women representatives**

With the support from UN Women Nepal, Mitini Nepal, Koshis and YTS organized the virtual session took place on October 8<sup>th</sup> and 21<sup>st</sup>, 2021. To provide a venue and virtual platform for LGBTIQ groups and elected women representatives to come together and share their experiences and tales with like-minded participants, as well as to develop and empower chosen storytelling participants to become better communicators and representatives for their issues and communities. During the training mental health and wellbeing and the coping mechanisms were discussed. Also participant shared their mental health issues during the lockdown.

## Meeting with Donor Agency

Mr. Patrick, from RBC Trust, made a visit to Mitini Nepal. Along with welcome him, Mitini Nepal discussed its work in depth and explored concepts for next planned activities (Lesbian and Bisexual Conference) that would be extremely beneficial in gaining the rights of the LGBTI Community.



## Visit from SIT

International students are welcome to visit Mitini Premises via the School of International Training to understand about the plight of Nepal's LGBTI population. Mitini Nepal greets them, and Ms. Bimala Gurung, Program Officer, discusses the MN's work and current legislation protecting the LGBTI community's



## Flood enters Mitini's province office

Mitini Nepal's branch office at Province 1 was utterly damaged by flood as a result of many days of severe rain.



**For more information:**

Website: [www.mitininepal.org.np](http://www.mitininepal.org.np)

Twitter: <https://twitter.com/MitiniNepal>

Facebook: [www.facebook.com/Mitininepal](http://www.facebook.com/Mitininepal)

Instagram: [https://www.instagram.com/mitini\\_jewellery/](https://www.instagram.com/mitini_jewellery/)

YouTube: <https://www.youtube.com/watch?v=Gfa4X5TXCf0&t=399s>